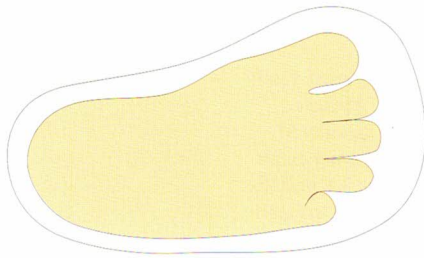
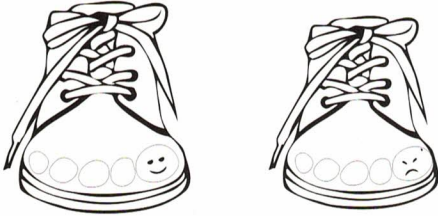


SHOES FOR CHILDREN

Barefoot people have the best feet!
Your child needs a flexible, soft shoe that allows maximum freedom to develop normally.

1. Points in shoe selection

Shoes are much better too large rather than too small.

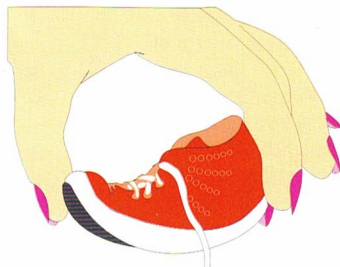


2. Flexible

Stiff supportive shoes are not good for feet because they limit movement that is needed for developing strength and retaining foot mobility.

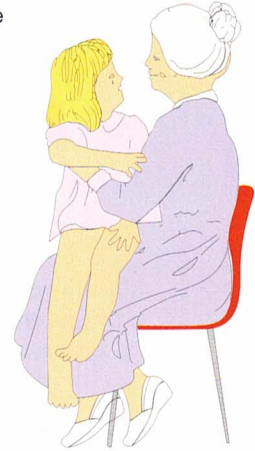


A child's foot needs protection from cold and sharp objects, but it also needs freedom of movement.



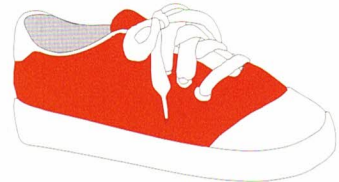
3. Flat sole

Children's falls cause many injuries. A flat sole that is neither slippery nor sticky is best.



4. Soft porous upper

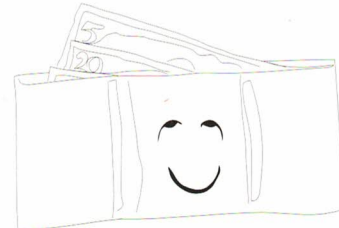
A material that breathes is best, especially in for warm climates.



5. Avoid odd shapes.



6. Good shoes need not be expensive



REMEMBER: The best shoe keeps the foot warm and protected, but allows freedom of motion and space to grow.