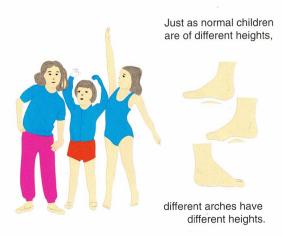
## **FLATFEET**



Flatfeet are normal in infants and young children. The arch develops whether the child wears shoes or goes barefoot. So special wedges, inserts, and heels are not necessary for the toddler who has flexible flatfeet.



Wearing a pad under the arch of a simple hypermobile flatfoot may make the child less comfortable,





However, one in seven children never develops an arch.



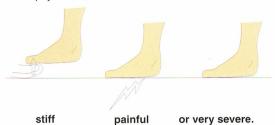
Children usually have low arches because they are loose-jointed.

The arch flattens when they are standing.



The arch can be seen when these feet are hanging free or when the child stands on its toes.

The physician is concerned if the flatfoot is



Physicians are most concerned about a high arch.

